



For better  
mental health

## Mind in Ealing and Hounslow



**Every Monday Morning**

**10 am -12 noon**

**The MAC**

**The Lido**

**63 Mattock Lane**

**West Ealing**

**W13 9LA**

**Directions: Off Northfields Avenue (opp. Deans Garden)**

**Local Buses E3, E2, E8, 83, 207, 427**

**For more information please call:**

Desmond Richards or Nelly Hovsepyan

MAC Centre: 020 8280 2248/49

**COME & TRY YOUR  
CREATIVE TALENT**